

Ages Walking - 5 Years



Session Four
April 20th - June 21st

**Registration
Now Open!**

Register Online: grandeprairiegymnastics.uplifterinc.com
Email: info@gpgymnastics.com | Phone (780) 539-1414

ACTIVE START PROGRAMS

The Active Start classes develop gross motor skills using circuits on various gymnastics equipment. Parents participate with children in all parented classes.

Kids ages 4 and under

| | Sat | Mon | Tues | Wed | Thurs |
|--------------------------------|----------|----------|------------|----------|----------|
| Baby Play Time - Gym | 9:15 AM | | | | |
| Parented 30 Mins | | | | | |
| \$102 (Main Gym) | | | | | |
| **Baby Play Time - Room | | | **9:30 AM | | |
| Parented 30 Mins | | | **10:15 AM | | |
| \$56.10 (Cheer Room) | | | | | |
| Parented 2-3 Years | 10:00 AM | 9:30 AM | 9:30 AM | 9:30 AM | 9:30 AM |
| 45 Mins* | 11:00 AM | 10:00 AM | 10:00 AM | 10:00 AM | 10:00 AM |
| \$155.00 | | 11:15 AM | 11:15 AM | 11:15 AM | 11:15 AM |
| Unparented 3-4 Years | 10:00 AM | 9:30 AM | 9:30 AM | 9:30 AM | 9:30 AM |
| 45 Mins* | 11:00 AM | 10:15 AM | 10:15 AM | 10:15 AM | 10:15 AM |
| \$155.00 | 12:00 PM | 11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM |
| | | 4:00 PM | 4:00 PM | 4:00 PM | 4:00 PM |

Unparented and Parented classes may be combined.

**These time-slots are also available as a drop-in if space permits. Please register online.

PRE-SCHOOL PLAY TIME

A non-structured registered drop-in session where you and your child move through a series of gymnastics stations and obstacles at your own pace.

This program is a registered class. Please reserve your spot online in advance to avoid disappointment. Classes might be canceled if numbers are low.

Fri

| | |
|--------------------------|----------|
| Walking - 5 Years | 9:15 AM |
| Parented 45 Mins | 10:15 AM |
| \$10/Class (Main Gym) | 11:15 AM |

TINY CHEER

A great introduction to cheerleading. Focus on fundamental skills of cheerleading such as basic stunting and tumbling, jump technique and motions.

45 Mins | \$155.00

Ages 3 - 4 Sunday 11:00 - 11:45 am

Ages 4 - 5 Sunday 12:00 - 12:45 pm

Session Four Info:

Classes Run: April 20th to June 21st

No Classes May 20th | There will be make up classes June 24th

*Pre-Registration: January 22

Public Registration: January 29

*Pre-Registration is for athletes enrolled in the previous recreational section



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KINDERGYM LICENSED PRE-SCHOOL PROGRAM

September 11, 2023 - June 25, 2024

The pre-kindergarten program combines pre-school activities such as stories and crafts with 45 minutes of gymnastics.

Kids ages 3 - 5

Mondays & Wednesdays

9:15 AM - 11:45 AM **(Full) OR**

12:45 PM - 3:15 PM

\$156.22/month (\$1562.20 yearly)

Tuesdays & Thursdays

9:15 AM - 11:45 AM **(Full) OR**

12:45 PM - 3:15 PM

\$159.32/month (\$1593.20 yearly)

Fridays

9:15 - 11:45 AM **(Full)**

\$74.90/month (\$749 yearly)

Waitlisted spots are available for our full class slots. We have on-going registration throughout the year.
Program fee will be pro-rated as classes have already started.

RULES AND REGULATIONS

- Maximum of **one adult per child for our sessional Parented classes.**
- Friday's Pre-School Play Time classes permit **two children per adult.**
- Children must be accompanied at all times.
- To help keep equipment in top notch shape and for safety reasons, comfortable athletic style clothing must be worn. No jeans, snaps, buttons or zippers. Please remove all accessories except stud earrings. Hair must be tied back.
- Participants must be barefoot.
- Food and beverage items are not permitted in the gym, **except** a reusable water bottle.
- Siblings are not permitted in the gym. This includes sitting quietly off to the side, in a car seat, stroller, wraps, etc. If you are bringing your baby, you must hold onto them at all times.
- Drop-in participants must stay in the designated area. Do not wander to areas of the gym being used by other groups.
- For safety purposes please do not throw your child into the pit, pull them from the pit, or use high bars.
- Cell phone use is not be permitted. Please be attentive to your child at all times.
- Taking photos of your children is permitted. However, no flash should be used in the facility.
- All personal items must be left outside the gym.
- Please arrive on time and ready to go. After 5 minutes (into the class) spots will be released to waiting families.
- We reserve the right to ask anyone being disruptive, acting inappropriately or being unsafe to leave without a refund.
- **All participants must pay the base insurance fee of \$65. This is an annual policy that renews every July.**