



GRANDE PRAIRIE  
**Gymnastics**  
www.grandeprairiegymnastics.com

### SUMMER CAMP

Dates	Week	Full Day	1/2 Day am	1/2 Day pm
		7:30am - 5:30pm	9am - Noon	1pm - 4 pm
July 3-7	#1	\$175	\$80	\$80
July 10-14	#2	\$175	\$80	\$80
July 17-21	#3	\$175	\$80	\$80
July 24-28	#4	\$175	\$80	\$80
July 31-Aug 4	#5	\$175	\$80	\$80
Aug 8-11 (no class Mon)	#6	\$140	\$65	\$65
Aug 14-18	#7	\$175	\$80	\$80
Aug 21-25	#8	\$175	\$80	\$80
Aug 28-Sept 1	#9	\$175	\$80	\$80

#### HALF DAY GYMNASTICS CAMP

##### Kindercampers - Ages 3 - 4 (9AM-12 OR 1-4PM)

Campers must bring a nutritious snack, no peanuts please. Program consists of classroom time, crafts, snack and 1 hour of gymnastics fun. Must be age 3 at start of week and fully toilet trained.

##### 1/2 Day Gymnastics Camp - Ages 5 and up (9AM-12 OR 1-4PM)

Campers must bring a nutritious snack, no peanuts please. Half Day Camp consists of gymnastics fun and snack!

#### NINJA ZONE CAMP

##### 1/2 Day Morning - Ages 5-11 (9am-12 noon)

Campers must bring a nutritious snack, no peanuts please. Half Day Camp consists of ninja moves and a snack break! Ninja uniform is required at a cost of \$30+GST (available at the front desk).

Ages 6-9 - weeks 1-9

Ages 4-6 - weeks 4, 6, 7, 8

#### TUMBLING CAMP

##### Mornings 10am-12pm - Ages 6-14

A 2-hour tumbling camp for dancers, cheerleaders, or other athletes looking to improve their tumbling skills.

#### FULL DAY GYMNASTICS CAMP

##### Full Day Campers - Ages 5-12

Full day campers should bring 2 nutritious snacks, as well as lunch, water bottle, sunscreen, and walking shoes. Bring bathing suit and towel on Wednesdays.

##### Full Day Schedule

DROP-OFF 7:30am-9am (structured program begins at 9am)

Morning Gymnastics (plus snack break)

Lunch One hour lunch break

Afternoon Swimming, craft-time, etc. - plus more gymnastics fun!

PICK-UP 4-5:30pm (structured program ends at 4pm)

#### HALF DAY CHEERLEADING CAMP

##### 1/2 Day Afternoon 1-4pm - Ages 6-10 \*Running shoes required

Learn the basics of cheerleading including stunts, tosses, tumbling, and beginner choreography. Clean, indoor running shoes are required as well as shorts and a fitted workout style top. Campers must bring a nutritious snack, no peanuts please.

**INSPIRING A FOUNDATION OF  
EXCELLENCE IN OUR COMMUNITY!**

**Online and in person registration is available!**

**GRANDE PRAIRIE GYMNASTICS (GYMNIKS) #16 Knowledge Way  
Call 539-1414 for more information!**

All registrants are required to pay a \$35.00 insurance/registration fee. Classes subject to change upon registration